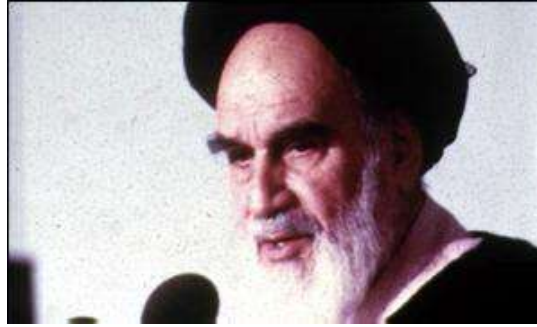


BUILDING THE SELF

ADVICE FROM IMAM KHOMENI ON CHARACTER BUILDING FOR MUSLIM BROTHERS & SISTERS



1. Offer the FIVE daily prayers on time.
2. Observe fast on Mondays and Thursdays as much as possible.
3. Reduce the period of SLEEP and busy yourself in the recitation of more HOLY QURAN.
4. Attach importance to your promises and agreements.
5. Help the needy.
6. Keep away from places where your character may be suspected.
7. Avoid pompous and sumptuous gatherings and do not arrange the same.
8. Put on simple dress,
9. Do not indulge in talkativeness.
10. Put in regular physical exercise.
11. Study More.
12. Help the people in learning craft.
13. Learn the Arabic language and be alert in every field,
14. You should not remember the good you have done and do not forget your past mistakes.
15. Consider the poor materialistically but think of the pious and the saintly spiritually.
16. Keep yourself informed about the Muslims.



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